

It's our Community, Your Life, Everyone's Responsibility

Steve & Debbie Terrill

"Public Mental Health Training"

1.

ALONE IN THE DARK



Few of us Grasp
how to
take care of the
"Health of our
MINDS"



Fear!

Ignorance!



Next

2.

The Power to KNOW Mental Health Knowledge

To Take Care of your Mind, as w/your Body

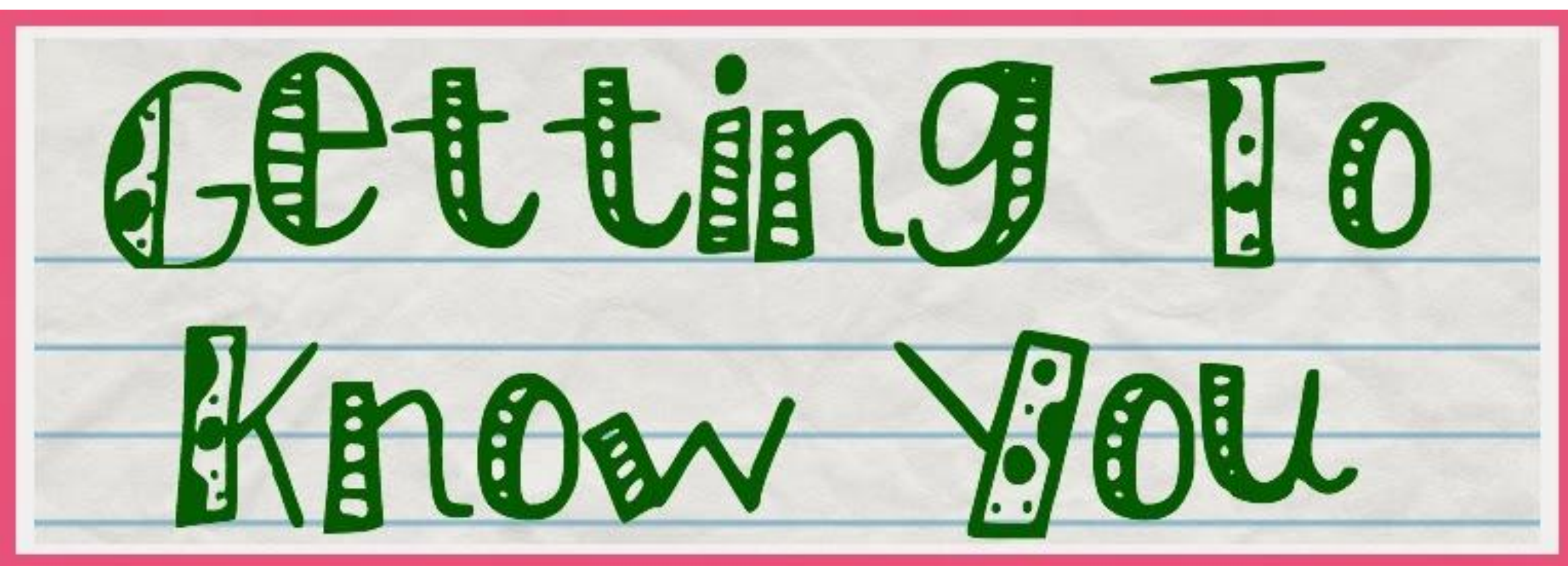
Stand Up to Stigma

Set a side Pride

Know to seek Treatment: Why & When

Help Other to Help Themselves

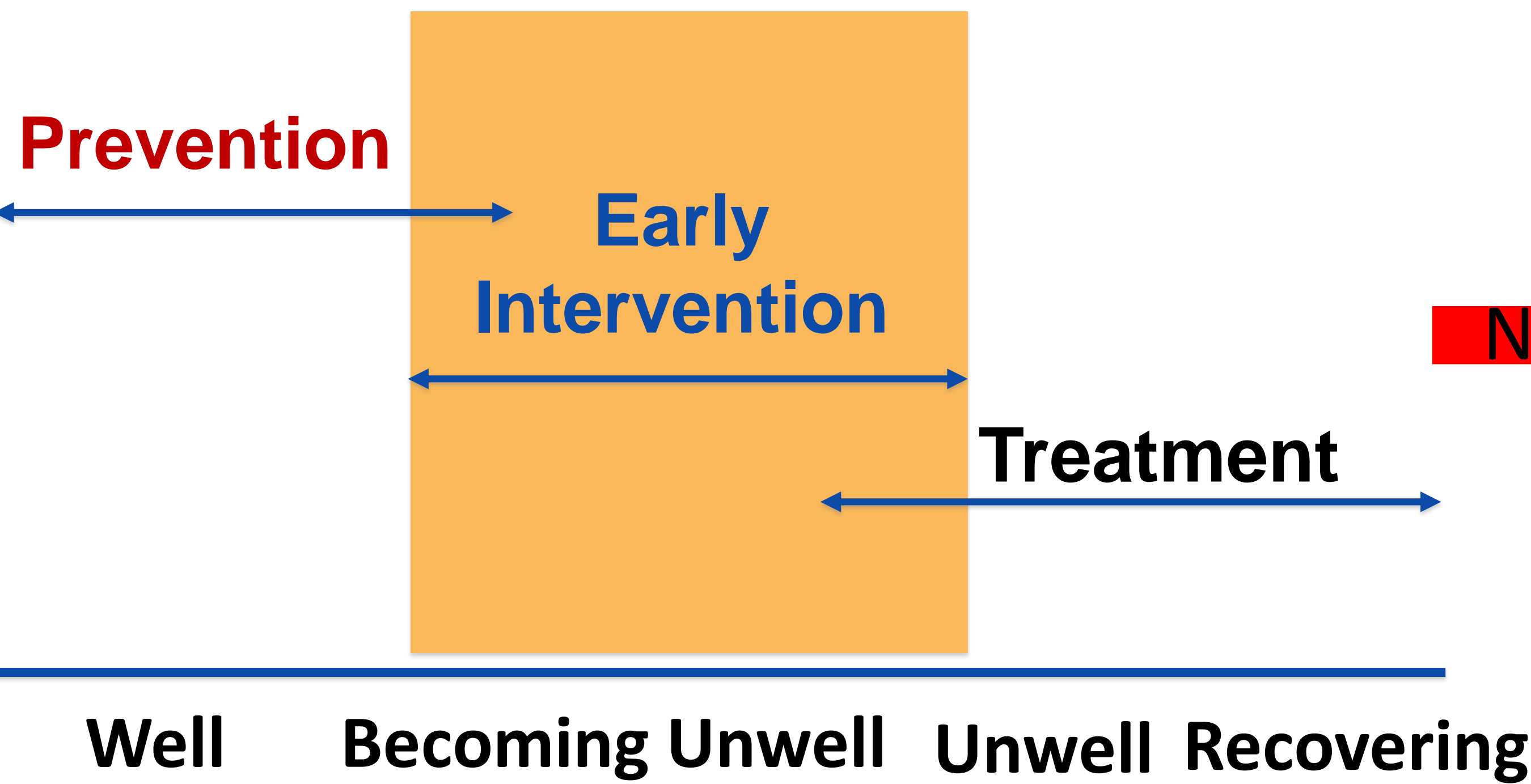
Next



4.

Education: Why and When

Gate Keeper Training Mental Health
First Aid Training



Next

5.

On the MOVE Examples



Next

3.

Engage the Power to KNOW

Gate Keeper Training:

"Neighborhood Watch 4 Mental Crisis"

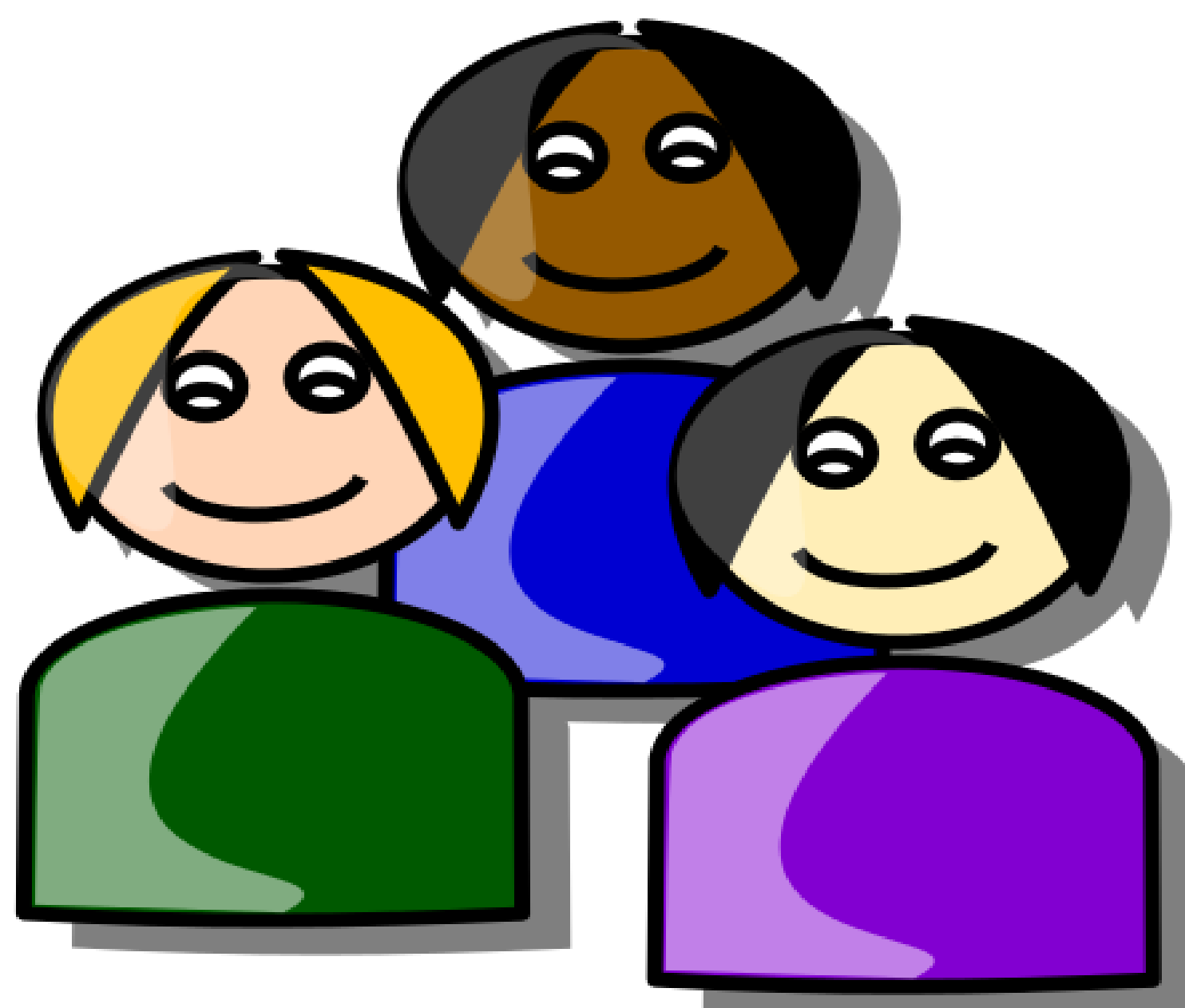
Mental Health First Aid Training:

"CPR Course for your MIND"



6.

The Power to KNOW "Mental Health Knowledge"



Mental Wellness Leads to:
Good People with a Great Life